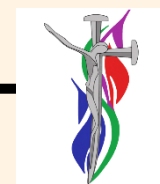




# ST JOHN VIANNEY CATHOLIC PRIMARY



WEEKLY SCHOOL NEWSLETTER – Friday 23rd January 2026

Dear Parents,

. “Whatever gifts and talents we are given by God are to be shared with the entire community.” St Baldwin of Canterbury  
In this Sunday’s Gospel, we hear Jesus calling the fishermen This week I will try my best to ... to follow him. Today, Jesus calls people, like you and me, to help him, to build his community – a community built on love.

## KEY DATES

- 26<sup>th</sup> Jan** – Yr 4 History Workshop 9am
- 28<sup>th</sup> Jan** – Y6 Visit to Islamic Exhibition Centre
- 30<sup>th</sup> Jan** – Y4 Class Mass 2pm
- 3<sup>rd</sup> Feb** – Y1 Reading Café 9am
- 3<sup>rd</sup> Feb** – Service of light 6pm
- 5<sup>th</sup> Feb** – Non-Uniform day – bring in Chocolate

## OUR MISSION THIS WEEK

Your mission is to lay down your electronic devices and read a page of the word of god instead. That means find a bible and read a page, or more if you’d like to. When reading your bible you could find today’s story. It’s in Matthew’s Gospel, chapter four. Before you read, invite the holy spirit to help you hear what god is saying to your heart personally. Read and be aware of what stands out. Then pray and ask god what he wants to say to you through those specific words.

### Well done to the Stars of the week

Nursery	Whole Class
Reception	Sinead & Nehemiah
Year 1	Orla & Millie
Year 2	Ruby & Joshua
Year 3	Whole Class
Year 4	Frankie & Archie
Year 5	Ruby C & Isla
Year 6	George, Nancy & Emily
Sports	Eala Y2 & Sienna Y 5





# ST JOHN VIANNEY CATHOLIC PRIMARY



Congratulations to Year3 on their assembly today and well done for sharing your mission of looking at the importance of new beginnings with the school. You are all superstars for learning your words and singing your hearts out so well done. Thank you to Mrs Connolly and Mrs McGuire for all your hard work.

Thank you to Miss Alessio and Mrs Halls for leading the Year 1 phonics workshop this week. It's a great way of showing how we teach phonics in school and the parents who supported the session were very thankful for showing them the way phonics is taught in lessons.

Our Eco group and leader Mrs Holmes has been busy attending meetings and working with our MAC to think of new ways we can save energy.

Congratulations to Year 5 and 6 sports hall athletics team who came 3<sup>rd</sup> in Coventry West. They were amazing and won many of their races.

Well done to our football and netball teams who are winning many games and doing well in their leagues. Keep up the great work but more importantly carry-on having fun.

## **Snow days**

Reminder there is still forecast for more snow so, if school has to close; we will keep you informed by sending a text to parents. We will also announce it on our school website, Twitter and messages will be put on See-saw and Tapestry.



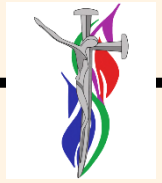
# ST JOHN VIANNEY NURSERY



## Come and join our Nursery

We currently have spaces in our Nursery for September 2026. If you know of any children who will be 3 by August 2026 and are looking for Nursery places, we are now taking applications. Application forms can be collected at the school or downloaded from our school website [www.sjv.hccmac.co.uk](http://www.sjv.hccmac.co.uk) If you have any queries / questions please call into the school office or email [sjv\\_nursery@hccmac.co.uk](mailto:sjv_nursery@hccmac.co.uk)





## WEEKLY DIARY

*Date's may be subject to change – please check your emails regularly*

### **Monday 26th January 2026**

Choir – KS2 – Lunchtime  
Dance – KS2 – 3.15pm-4.00pm  
Netball Training – Yr 5 & 6 – 3.15pm-4.15pm

### **Tuesday 27<sup>th</sup> January**

Recorder Club KS2 – 3.15-4.00 p.m.  
Boys Football Training – 3.15-4.15pm  
Multi-Skills – 3.15pm-4.15pm  
Reception Music – Lunchtime

### **Wednesday 28th January 2026**

Mini Tennis Years 3 and 4 – 7.45-8.30 a.m.  
Running Club Key Stage 2 – 8.00 – 8.30 a.m.  
Guitar Tuition  
Dance Year 1 and 2 – 3.15-4.00 p.m.  
Girls Football Training – 3.15 -4.15 p.m.  
Yr 6 Islamic Exhibition Centre, Birmingham – 9 – 2.30pm

### **Thursday 29th January 2026**

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.  
Piano Tuition  
Creative Flair Dance Year 1 - 4 – Lunchtime

### **Friday 30th January 2026**








Yr 4 Class Mass – Candle Mass – 2pm



# ST JOHN VIANNEY CATHOLIC PRIMARY



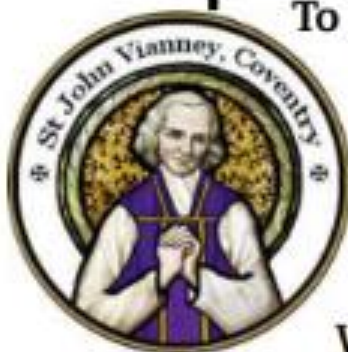
## ATTENDANCE SJV

EYFS and KS1		KS2	
Class Name	Weekly Attendance	Class Name	Weekly Attendance
Nursery	93.82%	Year 3	96.30% 
Reception	95.93% 	Year 4	99.65% 
Year 1	98.01% 	Year 5	97.04% 
Year 2	98.15% 	Year 6	95.93% 



Are you a Catholic and live in the parish  
of Saint John Vianney?

Does your child need to be *baptised*?



To enquire about baptism, please speak  
to Fr. Alex or Deacon Andy  
after Sunday Masses:  
Saturday evening at 6.00pm  
Sunday morning at 9.30am

Website: [www.st-john-vianney.org.uk](http://www.st-john-vianney.org.uk)

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

### 5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

### 7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

### 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

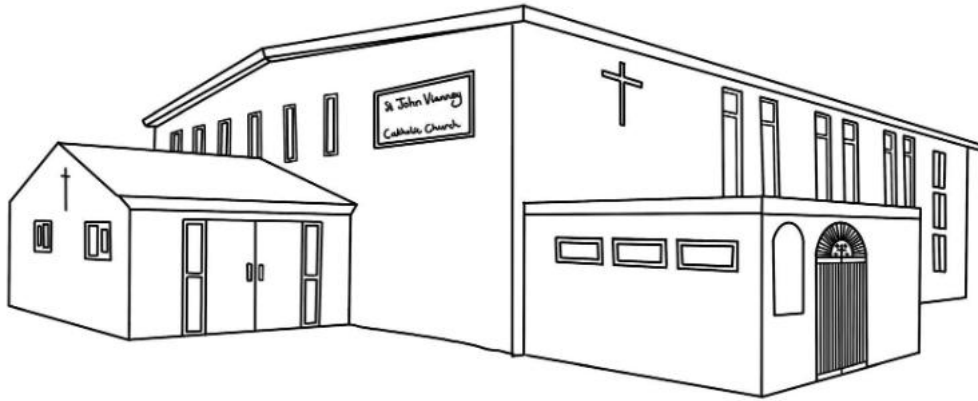
## Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works a secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



WakeUp  
Wednesday

The  
National  
College



## **St John Vianney Parish Weekly Schedule 2026**

### **Holy Mass**

Tuesday - 9.00am

Wednesday - 9.00am

Thursday - 10.00am

Friday - 9.00am (with School during  
term time)

Saturday - 10.00am

Saturday - 6pm (Vigil Mass of  
Sunday)

Sunday - 9.30am (Sunday Mass)

*Times of liturgies may change due  
to funerals or other parish events.  
Please always check the latest parish  
newsletter.*



## St. John Vianney Purple Shop



£1 per item!

Money made from the purple shop will contribute towards school equipment for the children & to help with travel costs for school trips.



Please email:  
[sjvcoventrypta@gmail.com](mailto:sjvcoventrypta@gmail.com) or scan  
the QR code to join our FB page!

