St John Vianney Catholic Primary

WEEKLY SCHOOL NEWSLETTER – Friday 16th October 2026

Dear parents,

"In all created things recognise the care and wisdom of God and give him thanks."

St Teresa of Avila

Being grateful to God brings great joy. There are many blessings in life – let's not just take them for granted. Being more grateful for our blessings can make a real difference to our lives!

We have a lot to be grateful for in our lives and I count my blessings.

I am grateful for the amazing students in our school who always try their best. They try hard to follow in Jesus' footsteps and live by our one school rule 'Love one another as I have loved you' I am grateful for all of my staff who care greatly for our children always putting them first. They are great role models who have high expectations of each child helping them to reach their true potential.

Thank you

Future Dates

23rd Oct – Last Day Of Term
2nd Nov – Return to School
2nd Nov – No Netball Training
3rd Nov – Y4 Reading Café – 9 am
3rd Nov – No Boys Football Training
4th Nov – PTA meeting
4th Nov – Nursing Team for Handwashing for Reception
5th Nov – Reception Maths Workshop – 9 am
5th Nov – Re-arranged Cricket session
5th Nov – Girls Football Match at Our Lady (Away)
9th Nov – Individual & Family Photos
9th Nov – Netball Match at Holy Family (Away)
10th Nov – Y3 Reading Café – 9 am
10th Nov – Boys Football Match at St Osburgs (Away)
11th Nov – Y 5 Class Mass – 2 pm
12th Nov – Reception Open Morning – 8.45 – 9.30 am
12th Nov – Re-arranged Cricket Session. Last one
13th Nov – Y6 Class Assembly – 9 am

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Coventry
CV5 7GX

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Year 6 visited St Chads Cathedral this week and parishioners commented upon the excellent behaviour seen by our pupils in Church. They were reverent and spiritual and a credit to the school.

Year 5 had their reading café this week and thoroughly enjoyed reading with our parents and the best bit was the book quiz although I am not sure who won. Well done year 5 keep reading daily.

Yr2 and Yr1 have had their visit to the library this week and again the feedback has been so positive from the librarians about the interest shown in reading and the excellent questions they have asked. I have been reading with the children in school this week and they have been fabulous. Just a reminder please remember to bring your books in daily and read at home. A good reader becomes a great writer.

Year 2 have had their prayer service today. It was a pleasure to see the children learn about adoration and benediction. Congratulations Year 2 and thank you Fr Alex.

Year 3 have their commitment Mass tomorrow and their first First Holy Communion meeting beforehand. Please keep Year 3 in your prayers as they start this sacramental journey.

St John Vianney Catholic Primary

Remember to get ready for a wolf run next week. We have lots fun come rain or shine and remember to raise a pound or two as we want to buy some bibles and pay towards our trips out.

WOLF RUN

Parent Support Required

On Friday 23rd October the children will be taking part in a 'Wolf Run'.

We are looking for some volunteers to support the event and to manage the route the children will run.

We require support from 12.45 until 3pm on the day.

If you can help, please let us know at sjvcoventrypta@gmail.com

Thanks in advance for your support.

St John Vianney Catholic Primary

Well done to the Stars of the week	
Nursery	Brodie
Reception	Shea & Florence M
Year 1	Sinead & Ethan
Year 2	Emily & Alfie
Year 3	Hugo & Isaac
Year 4	Ella & Chidera
Year 5	Hector & Alfie
Year 6	Fergus & Ella-Rose
Sports	Mary (Y2) & Laura (Y5)

Attendance SJV

EYFS and KS1		KS2	
Class Name	Weekly Attendance	Class Name	Weekly Attendance
Nursery	100%	Year 3	97.22%
Reception	88.89%	Year 4	94.07%
Year 1	94.07%	Year 5	98.21%
Year 2	90.17%	Year 6	98.15%

St John Vianney Catholic Primary

WEEKLY DIARY

Date's may be subject to change – please check your emails regularly

Monday 19th October2026

Choir – KS2 – Lunchtime
Nursery Parent Consultation Meetings – 11am
Dance – KS2 – 3.15pm-4.00pm
Netball Training – Yr 5 & 6 – 3.15pm-4.15pm
Parent Consultation Meetings – 3.30 – 6.30 pm

Tuesday 20th October 2026

Reception Music – Lunchtime
Recorder Club KS2 – 3.15-4.00 pm
Boys Football Training – 3.15 – 4.15 pm **– NO SESSION**
Parent Consultation Meetings – 3.30 – 5.30 pm
Boy's football match against Our Lady (Home)

Wednesday 21st October 2026

Running Club Key Stage 2 – 8.00 – 8.30 am
R & Y6 Heights & Weights – 9.15 am
Guitar Tuition
Flag Football KS2- Lunchtime
Dance Year 1 and 2 – 3.15-4.00 pm
Girls Football Training – 3.15 -4.15 pm

Thursday 22nd October 2026

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 am
Y1 Class Assembly – 9 am
N & R Library Visit at school
Piano Tuition
Creative Flair Dance Year 1 - 4 – Lunchtime
Cricket – 3.15-4.15pm

Friday 23rd October 2026

Wolf Run – 9 am
Flag Football KS1 – Lunchtime
Last day of term

We wanted to make you aware of our upcoming sessions, please see details below:

- SENDIASS Coffee Morning (In-person)
- 'Understanding what SEND support is available for your child in Coventry' (In-person)

SENDIASS Coffee Morning – 20.10.2026

This is a session for Parents/Carers of Children or Young People with Special Educational Needs or Disabilities (SEND). The session offers a **great way to meet other parents/carers who may be in a similar situation,** and an opportunity to share with others in a **friendly, non-judgemental environment,** together with a member of staff from SENDIASS.

Details:

When: Tuesday 20th October 2026, 9.30am – 11.30am

Venue: The Wave, Coffee Tots Community Room, New Union Street, Coventry, CV1 2PS

***Please Note: Unfortunately, this session would not be suitable for children to accompany their parents.**

To Book:

Please scan the QR below, or visit the **'SENDIASS COFFEE MORNING OCTOBER 2026'** Eventbrite page:



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THE BIG BOOK BASH



Coventry City Council

Coventry Libraries & Information Services

GO ALL IN.

Mental Health Support Team in Schools

Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness

Being Brave

We can show bravery in lots of different ways, such as recognising that we feel a certain way (e.g., sad, anxious), asking someone for help when we need it and trying new things, even if we feel scared!

Feeling scared is often a sign that we are doing something challenging and it is completely normal to feel this way. Even though it can feel uncomfortable, being brave and facing these difficulties can also help us to learn and grow (both physically and emotionally). This can mean we need to step outside our comfort zone at times to be able to overcome challenges, but it is important to remember that being brave does not mean we have to cope alone.

Our Tips for Being Brave:

1. **Set yourself a goal to try something new**. Create a plan to break your goal down into smaller, more achievable steps! This can help your goal to feel less overwhelming.
2. **Take chances and make mistakes!** Sometimes it is helpful to fail, so you can practise being brave. Try something you have been wanting to try and take that chance to move out of your comfort zone. You might even find that it wasn't as bad as you thought it would be.
3. Practise **positive self-talk** to help develop your bravery. Repeat these sentences to yourself or out loud - 'I can do hard things', 'I try my best', 'I can enjoy challenge'. You might want to write positive statements on post-it notes and stick them around your mirror so you can remind yourself of them every day!
4. **Ask for help** when you need it from someone you trust. Taking the step to talk to someone is one of the bravest things you can do!
5. **Strike a power pose!** Standing up tall with your feet apart, your head held high and with your hands on your hips can help make you feel more confident and ready to take on a challenge. What pose makes you feel more confident?

Follow the QR code for activities to support the theme 'being brave'!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.


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AGES 3-16
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AGES 6-16: YOU CHOOSE YOUR SPORTS!



AGES 3-6: SUPER STARS



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"Children are extremely happy, safe and welcomed at this high-quality setting."
Ofsted Inspection - 2026 Ofsted

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At The National College, our Wake Up Wednesday guides empower and equip parents, carers and educators with the confidence and practical skills to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, tools and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about
MENTAL HEALTH & WELLBEING APPS

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

WHAT ARE THE RISKS?

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a valid duty. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping you stress calm, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor their services to users' individual needs. For example, many apps don't distinguish between the ages of a user and can offer extremely generic advice.

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will ask for the parent's identity, asking something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply be managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it something the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resources? Also check whether the app is affiliated with any governments or mental health organisations, as these are solid indicators of legitimacy. Reviews (and also the number of downloads) can be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored mental help. If you have any concerns about a child's mental wellbeing, you should seek appropriate advice from a qualified source, such as their GP – or Childline, who can be contacted by calling 0800 1111.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do it by yourself first, then go over it with the child who is considering using the app. To ensure they know what data will be collected and how exactly it will be used. Use all this information to make an educated decision on whether or not to download that particular app.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your sleep habits and other such activities. There can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert



Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber-safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/mental-health-apps

#WakeUpWednesday

The National College

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.11.2024

St. John Vianney Catholic Primary School Coventry

Semper Fidelis

PTA Needs You!

We are looking for support in our PTA team!

Support Our School

The PTA help support the school, raising money to help with costs towards trips and school equipment.

We also help support events, such as:



Movie Nights



Gala Day

... and many more!

- Help fund school trips
- Support school equipment
- Make a difference for our children



In person meeting

Monday 2nd November
at 4:00pm
at the school

All are welcome!

Together we can make a difference!

Kids Go Free this Half Term! 🏰 🏛️

Looking for something to do with the family this half term? Children aged 15 and under can visit both the **King Richard III Visitor Centre** and **Jewry Wall Museum** for FREE when accompanied by a paying adult.

There's lots for families to enjoy at both attractions, including **FREE family trails** to help children explore and discover more as they visit.

At **Jewry Wall Museum**, families can also get creative with our **Mosaic Making Sessions**, running throughout half term for just **£4 per session**. Children can make their own Roman-inspired mosaic to take home.

From discovering the story of England's most famous medieval king to stepping into Roman Leicester, there's plenty to keep the whole family entertained.

Kids Go Free runs until 31 October 2026, with up to **3 children aged 15 and under free per paying adult**.

And if you think Jewry Wall is still *"just a wall"* – **think again!** The newly transformed museum brings Roman Leicester to life with immersive displays, fascinating artefacts, a spectacular Roman wall and plenty for children to discover.

Find out more and book your half-term day out:

[King Richard III Visitor Centre]

[Jewry Wall Museum]





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