



St John Vianney Catholic Primary School

NEWSLETTER

Friday 10th February 2023



Dear Parents,

"Let us thank all those who teach in Catholic schools. Educating is an act of love; it is like giving life." Pope Francis

"The family is where parents become their children's first teachers in the faith. The family's strength lies in its capacity to love and to teach how to how." Pope Francis

This weekend Gospel tells us that teachers are important especially parents who are the first educators of our children and teacher us so much about what is important in life.

Please keep the people in Turkey and Syria in your prayers as they deal with the disaster caused by the earthquake. Envelopes will be going home today to fill with your donation. All donations will be sent to CAFOD to support the people dealing with this disaster.

We will be selling chocolate after school on Tuesday so please bring money with you to buy a treat when you collect your child.

We are also having a non-uniform day on Tuesday 14th February to raise money towards the appeal. Please could your child wear non-uniform and include an item of red clothing, socks, hairband etc. and bring in £1.00 donation.

Prayer for Turkey and Syria

Lord God

Today we turn to you not for ourselves but for the thousands of people who have lost their lives in earthquakes. We pray also for the millions of people who have lost their home and families and are trying to survive in freezing temperatures. We ask that you protect them and keep them safe and in your heart. We pray also for all the rescue workers who work tirelessly day and night to help those around them. May the Holy Spirit guide them and bless their work. Amen



Thank you to everyone who supported our Chocolate Bingo Night. It was a great success. Thank you to the SJV PTA for all their help and support and a big thank you to Mr Carroll, our resident Bingo Caller.

Thank you to all the children who are singing at Mrs Griffin's funeral on Monday, Mrs Jackson will be overwhelmed by your love and the support shown.

If you can support the parish on 18th February at Mass with the Archbishop, Father Sebastian would be delighted to see you and the archbishop is always wowed by your fabulous singing.



Packed Lunches - Reminder

Please do not send in nuts of any type with your child's packed lunch. Please remember we are a **NUT FREE** school.

Water Bottles

Please do not send Prime bottles into school. Children should not use Prime bottles as water bottles.

SJV Owls Club



SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £4.75 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £4.75 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £7.50 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email owls@sjv.coventry.sch.uk or phone the school office.

SJV Owls Activity Club

Owls Club are now also offering after school sessions as follows:

Maximum number in the group 30. Activities are open to all children in school from Nursery to Year 6

Monday 3:15 - 4:15 p.m. - **Lego Club** – play with Lego and use Lego interactive with the school computers



Tuesday 3:15 - 4:15 p.m. - **Computer Club** - Bee-bots, computers and tablets

Wednesday 3:15 - 4:15 p.m. – **Art Club**

Thursday 3:15 - 4:15 p.m. - **Games night** - Bingo, cards, dominoes, board games



Friday 3.15 - 4:15 p.m. - **Homework club**- reading and support with homework

Sessions will be charged at £4.75 per session payable via Arbor.

Pupils can sign up for a monthly block of sessions but also choose to do the other activities in Owls club if they prefer. If your child would like to sign up for any of these sessions please email owls@sjv.coventry.sch.uk for more information and an application form.

Tax-Free Childcare

SJV Owls Club is signed up to the Government Tax Free Childcare scheme so if your child attend Owls Club, and you have not already done so please check the website to see if you are eligible to help with your fees. If you are eligible for Tax-Free Childcare, you'll need to set up an online childcare account for your child. For every £8.00 you pay into this account, the government will pay £2.00 to use to pay for your provider (SJV Owls).

You can use it to pay for Owls Club but it can't be used for school meals, trips, uniform etc.

For more information and to check if you eligible please go to:

<https://www.gov.uk/tax-free-childcare>

10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. Those emotions can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fail or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance: striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges that be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

THE GREAT ESCAPISM

A certain amount of escapism is fabulous – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity. It's like listening to a favourite song that always makes you feel happy or confident.

ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games: in Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain: that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

Meet Our Expert

Daniel Lipscombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the likes of PC Gamer, Kotaku, Pocket Gamer and VG247.



Source: <https://www.ofcom.org.uk/data/asset/pdf/file/0024/234809/childrens-media-use-and-attitudes-report-2022.pdf>

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Stars of the Week

<i>Nursery</i>	<i>Evie, Tommy G</i>
<i>Reception</i>	<i>Connor, Ollie</i>
<i>Year 1</i>	<i>Astrid, Thomas</i>
<i>Year 2</i>	<i>Mekhi, Ruby C</i>
<i>Year 3</i>	<i>Elody, Robbie</i>
<i>Year 4</i>	<i>Atticus, Faith</i>
<i>Year 5</i>	<i>Charlee, Trinity</i>
<i>Year 6</i>	<i>Daniel V, Ethan</i>



Reading Books



Reading books to be brought into school on Tuesdays and Fridays.



Reminder

The school gates are open every morning between 8.30 and 8.40 a.m.
Please ensure your child arrives in school between these times.

Starting Nursery School in September 2023

Application forms and information are available from the school office for parents wishing to apply for their child to start in Nursery in September 2023. Children born between 1st September 2019 and 31st August 2020 can start Nursery in September 2023.

Building Fund Contributions to the school building fund are now due for the Autumn Term (£10.00 per child or £15.00 per family) or for the whole school year (£30.00 per child or £45.00 per family).

Please make your donations via Arbor.



Dates may be subject to change – please check your emails regularly

Monday, 13th February

Mrs Griffin's Funeral Mass - 11.00 a.m.

Choir - KS2 - lunchtime

Dance - KS2 - 3.15 to 4.00 p.m.

Chocolate on sale after school

Tuesday, 14th February

Running Club - Year 3/4 - 8.00 to 8.30 a.m.

Year 3 Swimming lessons - a.m.

Non-Uniform Day - Wear Red - £1.00 donation to Turkey & Syria Appeal

Recorder Club - KS2 - 3.15 to 4.00 p.m.

Art Club - Year 3 & 4 - 3.15 to 4.15 p.m.

Girls Football Match - home v St Mary & St Benedict's Primary School



Wednesday, 15th February

Running Club - Year 5 & 6 - 8.00 a.m. to 8.30 a.m.

Mini-Tennis - Year 3 & 4 - 7.45 to 8.30 a.m.

Year 6 Class Mass - 9.00 a.m.

Guitar Tuition

Boys Football Squad Training –Year 5/6 - 3.15 to 4.15 p.m. - this week only

Girls Football Squad Training - Year 5/6 - 3.15 to 4.15 p.m - **NO SESSION**

Dance - Year 1 & 2 - 3.15 p.m. to 4.00 p.m.

Thursday, 16th February

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.

Piano Tuition

Creative Flair Dance - Year 3 & 4 - 12.00 to 12.30 p.m. and Year 1 & 2 - lunchtime

Hockey - Year 4 - 3.15 to 4.15 p.m.

Netball Squad Training - 3.15 to 4.15 p.m.

Football Match - away v St Thomas More School

Friday, 17th February

School closes for half term

Saturday 18th February - Parish Mass celebrated by Archbishop Longley - 6.00 p.m.

Future Dates

Monday 27th February	- Children return to school
Thursday 2nd March	- World Book Day - details to follow
Tuesday 7th March	- SEND Review meetings
Thursday 9th March	- SEND Review Meetings
Saturday 11th March	- Year 3 & 4 attend Mass
Monday 13th March	- Year 5 & 6 to Alton Castle

Don't forget to follow us @sjohnvianney and you can also see our twitter feed on our website.

Please follow us on our main Twitter account: SJV@sjohnvianney

And then also follow your child's phase as seen below:

Year 5 and 6	SJVupper
Year 3 and 4	SJVmiddle
Year 1 and 2	SJVlower
Reception Class (EYFS)	SJVEYFS
Owls Club follow -	@OwlsClubSJV



Facebook - SJV PTA have a Facebook page. If you would like to have access and be added to the page, simply search 'Sjv pta' and submit your request, one of the current members will see your request and add you accordingly.

