




Year Six	Intent	Implementation	Impact	
	<p>It is our intention to develop a lifelong love of physical activity, sport and PE in all of our children. We aim to ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork. Within each lesson, we strive to give every child the opportunity to develop skills in PE, consider the impact on their health and fitness, compete/perform and evaluate. It is our intention to ensure that every child has access to at least 2 hours of physical activity per week.</p>	<p>Our secure subject knowledge ensures that modern, high-quality teaching and learning opportunities are provided for all areas of the PE National Curriculum. Technical glossaries, skills posters and guidance support us in our subject knowledge allowing us to share technical vocabulary and skills that children need clearly, confidently and concisely. We structure lesson sequences to consider prior learning and provide opportunities for revision and practise to help build depth to children’s knowledge, skills and understanding.</p>	<p>Learners develop detailed knowledge and skills across the full breadth of the PE curriculum through engaging in age-appropriate content. We ensure that learning is memorable, allowing links to be made and ultimately creating a higher level of engagement and understanding. Children’s attainment and progress is measured using an assessment spreadsheet linked to the ‘I can’ statements below. We give ample opportunity for children to showcase the acquired skills in a range of competitions entered over the year.</p>	
GYMNASTICS	GAMES	DANCE	ATHLETICS	ADVENTURE
I know ways that I can become healthier.	I know ways that I can become healthier.	I know ways that I can become healthier.	I know ways that I can become healthier.	I know ways that I can become healthier.
<p>I can create my own complex sequences.</p> <p>I can demonstrate precise and controlled placement of body parts in my actions, shapes and balances.</p> <p>I can demonstrate precision and control in my movements.</p> <p>I can demonstrate good technique when performing rolls.</p> <p>I can do group formations.</p>	<p>I can use good coordination to be able to direct a ball when striking.</p> <p>I can throw and catch accurately and successfully under pressure in a game.</p> <p>I can pass and receive the ball on the move.</p> <p>I can keep and win back possession of the ball.</p> <p>I can apply knowledge of skills for attacking and defending.</p>	<p>I can use dramatic expression in dance movements and motifs.</p> <p>I can move appropriately and with the required style in relation to the stimulus.</p> <p>I can combine flexibility, techniques and movements to create a fluent sequence.</p> <p>I can improvise with confidence.</p> <p>I can perform and apply a variety of techniques confidently, consistently and with precision.</p>	<p>I can complete a 20m bleep test.</p> <p>I can sprint for distances up to 80m.</p> <p>I can choose the best pace and running technique for sprints, long runs and hurdles.</p> <p>I know 3 coaching points for baton change over.</p> <p>I can apply my skills and techniques consistently.</p>	<p>I can use navigation equipment (maps, compasses) to follow a trail at Dol-y-Moch.</p> <p>I can successfully use a map to complete an orienteering course.</p> <p>I can use clear communication in a role within a team.</p> <p>I can prepare an orienteering course for others to follow.</p> <p>I can make more complex forest school crafts.</p>
I can evaluate my own and others work, suggesting thoughtful and appropriate improvements.	I can evaluate my own and others work, suggesting thoughtful and appropriate improvements.	I can evaluate my own and others work, suggesting thoughtful and appropriate improvements.	I can evaluate my own and others work, suggesting thoughtful and appropriate improvements.	I can evaluate my own and others work, suggesting thoughtful and appropriate improvements.



Key Stage Two
Year Six

Key Stage Two National Curriculum Aims

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics).
- Perform dances using a range of movement patterns.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Use running, jumping, throwing, and catching in isolation and in combination.
- Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.

Take part in outdoor and adventurous activity challenges both individually and within a team.