



St John Vianney Catholic Primary School

NEWSLETTER

Friday 17th March 2023



Dear Parents,

As you are aware the end of last week was disrupted in school due to the weather. Unfortunately, the Charity Day organised by Cardinal Newman has to be cancelled. Hopefully, we will be able to rearrange this event in the near future.

I write this newsletter before our St Patrick day celebrations but I want to thank you for your support in making this day a wonderful community event. Thank you to Maggie Gallagher for bringing her Irish dancers to come and perform in school and also encourage the dancers from other Irish dancing schools to perform for us today. Thanks also to our teachers who dusted off their dance shoes to perform. Thank you to all parents who provided food and helped behind the scenes with the tea and coffee.



I am looking forward to watching the SJV Talent Show. I am sure your children will be excited to tell you who the winners are.

Thank you to all of the Year 5 and Year 6 pupils who went to Alton Castle, they were excellent. They had lots of fun and enjoyed sleeping in a castle. They were a credit to the school and to their parents. Thank you to Mr Carroll and Mrs Littlewood for supporting this trip.

Parent Consultation Evenings

Thank you to everyone who has booked their appointment via SchoolCloud. Please be aware that all appointments are in person in school. To attend your appointment please enter school via either pedestrian gate not through school.

If you are attending an appointment for Nursery please enter via the nursery gate.

Please note the appointments are for 10 minutes, please keep to your appointment time and leave promptly at the end of your meeting.



Please keep 21st April in your diaries as we have our first Quiz night which will be held in the school hall. There will be an option to buy a fish and chip supper or vegetarian option to go with the quiz and of course a bar! More details to follow.



Job Vacancy - Dining Room Assistant

We have a vacancy for a Dining Room Assistant at St John Vianney School - 1 1/4 hours per day, 5 days per week. If you are interested please email admin@sjv.coventry.sch.uk or phone the school office on 02476 464088 to arrange to come into school for an informal chat. Please see school website for more information - <https://www.sjv.hccmac.co.uk/>

SJV Owls Club

SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £4.75 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £4.75 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £7.50 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email owls@sjv.coventry.sch.uk or phone the school office.



SJV Owls Activity Club

Owls Club are now also offering after school sessions as follows:

Maximum number in the group 30. Activities are open to all children in school from Nursery to Year 6

Monday 3:15 - 4:15 p.m. - **Lego Club** – play with Lego and use Lego interactive with the school computers



Tuesday 3:15 - 4:15 p.m. - **Computer Club** - Bee-bots, computers and tablets

Wednesday 3:15 - 4:15 p.m. – **Art Club**

Thursday 3:15 - 4:15 p.m. - **Games night** - Bingo, cards, dominoes, board games

Friday 3.15 - 4:15 p.m. - **Homework club**- reading and support with homework



Sessions will be charged at £4.75 per session payable via Arbor.

Pupils can sign up for a monthly block of sessions but also choose to do the other activities in Owls club if they prefer. If your child would like to sign up for any of these sessions please email owls@sjv.coventry.sch.uk for more information and an application form.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Ingage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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#WakeUpWednesday



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Stars of the Week

Nursery *Ameília, Emmeline*

Reception *Petra, Connor*

Year 1 *Liam, Edith*

Year 2 *Fergus, Lucy*

Year 3 *Alex, Elody*

Year 4 *Keelan, Mia*

Year 5 *All of Year 5*

Year 6 *Jude, Oliver*



Reading Books



Reading books to be brought into school on Tuesdays and Fridays.



Reminder

The school gates are open every morning between 8.30 and 8.40 a.m.
Please ensure your child arrives in school between these times.

Starting Nursery School in September 2023

Application forms and information are available from the school office for parents wishing to apply for their child to start in Nursery in September 2023. Children born between 1st September 2019 and 31st August 2020 can start Nursery in September 2023.

Building Fund Contributions to the school building fund are now due for the Autumn Term (£10.00 per child or £15.00 per family) or for the whole school year (£30.00 per child or £45.00 per family).

Please make your donations via Arbor.



Dates may be subject to change – please check your emails regularly

Monday, 20th March

Year 1 Mousike Ensemble (at St Thomas More School) - a.m.
Choir - KS2 - lunchtime
Dance - KS2 - 3.15 to 4.00 p.m.
Parent Consultation Evening - 3.30 to 6.30 p.m. (All classes except Year 4)

Tuesday, 21st March

Running Club - Year 3/4 - 8.00 to 8.30 a.m. - **NO SESSION**
Year 3 Swimming lessons - a.m.
Recorder Club - KS2 - 3.15 to 4.00 p.m.
Art Club - Year 3 & 4 - 3.15 to 4.15 p.m.
Boys Football Squad Training –Year 5/6 - 3.15 to 4.15 p.m. - **NO SESSION**
Parent Consultation Evening - 3.30 to 6.00 p.m. (All classes)

Wednesday, 22nd March

Running Club - Year 5 & 6 - 8.00 a.m. to 8.30 a.m. - **NO SESSION**
Mini-Tennis - Year 3 & 4 - 7.45 to 8.30 a.m.
Guitar Tuition
Girls Football Squad Training - Year 5/6 - 3.15 to 4.15 p.m. - **NO SESSION**
Dance - Year 1 & 2 - 3.15 p.m. to 4.00 p.m.
Parent Consultation Evening - 3.30 to 6.00 p.m. (Year 4 only)

Thursday, 23rd March

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.
Piano Tuition
Creative Flair Dance - Year 3 & 4 - 12.00 to 12.30 p.m.
Creative Flair Dance - Year 1 & 2 - lunchtime
Hockey - Year 4 - 3.15 to 4.15 p.m.
Netball Squad Training - 3.15 to 4.15 p.m.

Friday, 24th March

Year 3 Class Mass - 9.00 a.m.



Future Dates

Monday 27th March	- Year 5 Mousike Ensemble (at SJV School)
Thursday 30th March	- Year 3 Class Assembly - 9.00 a.m.
	- Boys Football match - away v St Mary & St Benedicts School
Friday 31st March	- School closes for Easter holidays
Monday 17th April	- Children return to school
Friday 21st April	- Quiz Night

Don't forget to follow us @sjohnvianney and you can also see our twitter feed on our website.

Please follow us on our main Twitter account: SJV@sjohnvianney

And then also follow your child's phase as seen below:

Year 5 and 6	SJVupper
Year 3 and 4	SJVmiddle
Year 1 and 2	SJVlower
Reception Class (EYFS)	SJVEYFS
Owls Club follow -	@OwlsClubSJV



Facebook - SJV PTA have a Facebook page. If you would like to have access and be added to the page, simply search 'Sjv pta' and submit your request, one of the current members will see your request and add you accordingly.

