



St John Vianney Catholic Primary School

NEWSLETTER

Thursday 28th September 2023



Dear Parents,

In this Sunday's Gospel, both sons changed their minds – but only one of them changed for the better. Each new day is an opportunity for us to change. We can ask God to help us to change and so enrich our lives and the world around us – to love as Jesus loved – to change for the better.

God gives us the freedom to change – the choice is ours. Listening and acting upon what our parents, priests, teachers and others tell us about Jesus helps us to keep growing and changing into the best people we can be.



Nursery

Our Nursery children have made great strides forward in the short time they have been in school. Many join us for Assembly and they love hymn practice especially the Harvest Samba.

Reception

Reception are very busy learning new hymns to sing at their welcome assembly next week. They are very enthusiastic and have made a terrific start to school Life.

Year 1

Year 1 are learning all about shapes and can name some very tricky 3D shapes and know lots of the properties.

Year 2

This week I have seen some beautiful writing from Year 2 who are beginning to join their writing consistently. Parents you will be very proud of their books when you come into school.

Year 3

Year 3 have a fabulous work ethic they are really trying their best and they ask great questions about their learning especially in their topic about the Stone age.

Year 4

Have created some amazing book covers this week that have been displayed in the classroom and in the corridor. These book covers are making me want to read some of their fabulous choices.

Year 5

Year 5 have visited Allesley Library and the librarians have been so impressed with their behaviour that they have sent a special message to Mrs Ryan. Several children have been back to the library and joined and taken home lots of lovely books.

Year 6

Year 6 this week have been completing assessments and they have done a sterling job of trying their best and giving their best shot.





Following nominations for parent Governor Mr Green will be standing as a parent Governor for 4 years and Mr Shade will be joining the Governing body as a Foundation Governor.”

Reminder: PTA meeting 9th October 3:15 in the school Hall

The Nursing Team are offering a range of support for parents please feel free to click on the links below:

Toileting Sessions

<https://forms.office.com/r/TeGKvc23FV>

Sleep Sessions

<https://forms.office.com/r/BqV2PvLEWU>

Understanding Anxiety Sessions

<https://forms.office.com/r/EJEpYuFMwF>

Challenges in Eating Sessions

<https://forms.office.com/r/mHcBLCW5JT>

Challenges in Behaviour Sessions

<https://forms.office.com/r/nzcpmvnCsU>

Parents/carers, young people and professionals can find vital public health information, advice, tips and updates on events and services available to children and families on our social media accounts. We share local activities i.e. Family Hub timetables during school holidays and events hosted by the local council as well as create our own research based, professional content.

These are updated regularly and managed Monday's – Friday's (excluding bank and public holidays).

Social Media



<https://www.facebook.com/CovSchoolNurses/>



<https://www.instagram.com/covschoolnurses/>

Parents can continue to reach our service via text if they wish to. The team aim to respond within 24 hours, 9am to 5pm, Monday to Friday (except bank holidays).

We advertise the service on the Health for Kids site and our newsletter.

Any donations of toys and games in good condition would be greatly appreciated by SJV Owls Club. Thank you!



SJV Owls Club

SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £5.00 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £5.00 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £7.50 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email owls@sjv.coventry.sch.uk or phone the school office.



SJV Owls Activity Club

Owls Club are now also offering after school sessions as follows:

Maximum number in the group 30. Activities are open to all children in school from Nursery to Year 6

Monday 3:15 - 4:15 p.m. - **Lego Club** – play with Lego and use Lego interactive with the school computers



Tuesday 3:15 - 4:15 p.m. - **Computer Club** - Bee-bots, computers and tablets

Wednesday 3:15 - 4:15 p.m. – **Art Club**

Thursday 3:15 - 4:15 p.m. - **Games night** - Bingo, cards, dominoes, board games



Friday 3.15 - 4:15 p.m. - **Homework club**- reading and support with homework

Sessions will be charged at £5.00 per session payable via Arbor.

Pupils can sign up for a monthly block of sessions but also choose to do the other activities in Owls club if they prefer. If your child would like to sign up for any of these sessions please email owls@sjv.coventry.sch.uk for more information and an application form.

Late Collection

If you are more than 10 minutes late collecting your child at the end of the school day, they will be put into Owls Club and you will be invoiced for the session.

Free School Meals

If you think that you may qualify for free school meals, even if your child is in KS1 or does not want to receive school meals, please take the time to apply as the school will receive additional funding if you qualify.

Please apply at: **Free School Meals – Coventry City Council**

What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be disposable (once the liquid or battery runs out, the vape is thrown away) or rechargeable (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction; that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2006 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 1.3 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach amongst both primary and secondary schools to encourage good smoking and vaping behaviours.



HEALTHY SCHOOLS
CAMBRIDGESHIRE & PETERBOROUGH

The National College

Source: <https://www.gov.uk/news/health/nicotine>



www.thenationalcollege.co.uk



@thenatcollege



/thenationalcollege

Stars of the Week - We will be celebrating these on Monday

Nursery Harrison, Alice

Reception Matilda, Elbie

Year 1 Zachary, Petra

Year 2 Laura, Hector

Year 3 Austin, Fergus

Year 4 Alex, Luke

Year 5 Jessica, Emily

Year 6 Evie, Cassandra



Reminder:

We are a nut free school, please do not pack any nuts in your child's lunchbox.



Reading Books

Reading books to be brought into school everyday



Reminder

The school gates are open every morning between 8.30 and 8.40 a.m. Please ensure your child arrives in school between these times.

Starting Nursery School in September 2024

Application forms and information are available from the school office for parents wishing to apply for their child to start in Nursery in September 2024. Children born between 1st September 2020 and 31st August 2021 can start Nursery in September 2024.

Starting Primary School in September 2024

Children born between 1st September 2019 and 31st August 2020 can start school in September 2024. For more information about school admissions and to apply online at www.coventry.gov.uk/admissions. Telephone 02476 831622/1613. Closing date for applications is **15th January 2024**.

Please note: If you wish to apply to a Catholic school and your child is baptised Catholic evidence of your child's baptism must be provided at the time of application to the school office or to the Admissions Team. It is your responsibility to obtain and present this evidence.

Secondary School Applications for Year 6 Pupils

Please remember the closing date for applications is **MONDAY 31ST OCTOBER 2023**. Please ensure you have completed and returned your application by this date.

Building Fund Contributions to the school building fund are now due for the Autumn Term (£10.00 per child or £15.00 per family) or for the whole school year (£30.00 per child or £45.00 per family).



Dates may be subject to change – please check your emails regularly



Monday, 2nd October

Choir - KS2 - Lunch

Dance - KS2 - 3.15 to 4.00 p.m.

Tuesday, 3rd October

Running Club - Year 3/4 - 8.00 to 8.30 a.m.

Recorder Club - KS2 - 3.15 to 4.00 p.m.

Football Squad - Year 5/6 - 3.15 to 4.15 p.m.

Year 6 Library Visit

Wednesday, 4th October

Mini-Tennis - Year 3/4 - 7.45 to 8.30 a.m.

Running Club - Year 5/6 - 8.00 to 8.30 a.m.

Guitar Tuition

Dance - Year 1/2 - 3.15 p.m. to 4.00 p.m.

Girls Football Squad - Year 5/6 - 3.15 to 4.15 p.m.

Thursday, 5th October

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.

Piano Tuition

Creative Flair Dance - Year 3 & 4 - 12.00 to 12.30 p.m.

Creative Flair Dance - Year 1 & 2 - 12.30 to 1.00 p.m.

Hockey - Year 5 - 3.15 to 4.15 p.m.

Netball Squad Training - Year 5/6 - 3.15 to 4.15 p.m.

Year 1 Inspire Workshop

Boys Football Match home v St Thomas More

Friday, 6th October

Reception Class Welcome Assembly

Year 1 Trip - Herbert Art Gallery

Future Dates

Monday 9th October

Tuesday 10th October

Thursday 12th October

Friday 13th October

Saturday 14th October

- PTA Meeting

- Year 3 Library Visit

- Netball Match home v All Souls

- Year 1 Prayer Service

- Reception & Year 6 Commitment Mass 6.00 p.m.

Don't forget to follow us @sjohnvianney and you can also see our twitter feed on our website.

Please follow us on our Twitter account:

SJV@sjohnvianney

For Owls Club follow - @OwlsClubSJV



Facebook - SJV PTA have a

Facebook page. If you would like to have access and be added to the page, simply search 'Sjv pta' and submit your

request, one of the current members will see your request and add you accordingly.



PTA meeting

Monday 9th October

3:30 in the school Hall

Tea and Cakes available



Autumn Fun

Mosaic Family Hub – Tile Hill

These free sessions are for parents/carers with children aged between 0 and 5.

We will:

- Use stories and songs to bring learning to life
- Share resources with you and your child to enjoy during and after the sessions
- Share ideas which will help you to support your child's development
- Address any questions or concerns you may have regarding your child's learning and development

When:-

Wednesday 1.00 – 3.00

4th October – 13th December 2023

How to enrol:-

Enquire at the Family Hub or visit the Adult Education website below

<https://www.coventry.gov.uk/adulted>

To find out more contact:

kate.steventon@coventry.gov.uk or 024 7697 8730

steve.withers@coventry.gov.uk or 024 7697 1301



Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.



OCTOBER HALF TERM

30TH OCTOBER - 3RD NOVEMBER
YEARS 1-8

FROM
£14 PER
DAY

Coventry CV6 1AB
Moseley Primary School

- Football, Multi Sports

Coventry CV6 1FQ
Coundon Primary School

- Football, Multi Sports

GET YOUR KIDS ACTIVE!

**BOOK
NOW!**

online at
www.kitsacademy.com

For more information

07772873271

bookings@kitsacademy.com



FANCY DRESS

