



St John Vianney Catholic Primary School

NEWSLETTER

Friday 13th October 2023



Dear Parents,

In this Sunday's Gospel, God is like the king, inviting us to the feast. We are reminded that we are invited to share in God's life, to celebrate belonging to the family of God forever, living in peace with everyone.



Thank you for your wonderful donations to the Coventry Food Bank. I am always amazed at your generosity and I know that the foodbank are so very grateful. Year 5 led our Harvest Mass today and read with reverence and clarity. It was wonderful to hear the fabulous singing.

Thank you for your kind donations of cakes and money for CAFOD. The money will be used by this wonderful organisation to help those who are less fortunate than ourselves.

We look forward to our Reception Welcome Mass tomorrow which is led by Year 6. Year 6 will also make their commitment to their sacramental journey as they too prepare for the Sacrament of Confirmation.

Congratulations to Year 1 who held their Prayer Service in school today. They will now start to take their prayer bags home. I hope that you enjoyed spending this time together in prayer.

October is the month of the Holy Rosary; we have been learning about St Bernadette and how Mary asked her to pray the rosary. We too have been praying the rosary and asking Mary to take our own special intentions to her son, Jesus, as well as praying for world peace.



Year 6 celebrated Black History through an assembly about sports men and women who have changed the world. They researched the sporting celebrities and created a Powerpoint Presentation, which they shared with the whole school. Year 2 produced lovely homework on about sporting heroes and identified those who continue to inspire us all today. We are proud to celebrate our differences and remember that we are unique and created in God's image. We will continue to celebrate diversity throughout the school year with our anti-racism lessons, stories and Multicultural Day. Please could I ask that you continue to support us by talking to your child about this important issue. We are all equal in God's eyes and we must ensure that children recognise the protected characteristics to reject prejudice and discrimination. We will continue to address this in school with Ten Ten resources.

We take incidents of racism very seriously, we will investigate and suspend if appropriate, although we do aim to reinforce a restorative practise as we want to make a change.

Books

We continue to visit our local Library and I am delighted to hear such lovely reports from the librarians and how many of you have joined the library. Well done everyone. Please remember to bring your reading book into school daily - I love to hear children read when I get a moment!

Lost Property

Children are leaving their hoodies and jumpers around school and we are unable to return them unless they are named. Please label your child's clothing.



Any donations of toys and games in good condition would be greatly appreciated by SJV Owls Club. Thank you!



SJV Owls Club

SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £5.00 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £5.00 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £7.50 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email owls@sjv.coventry.sch.uk or phone the school office.



SJV Owls Activity Club

Owls Club are now also offering after school sessions as follows:

Maximum number in the group 30. Activities are open to all children in school from Nursery to Year 6

Monday 3:15 - 4:15 p.m. - **Lego Club** – play with Lego and use Lego interactive with the school computers



Tuesday 3:15 - 4:15 p.m. - **Computer Club** - Bee-bots, computers and tablets

Wednesday 3:15 - 4:15 p.m. – **Art Club**

Thursday 3:15 - 4:15 p.m. - **Games night** - Bingo, cards, dominoes, board games



Friday 3.15 - 4:15 p.m. - **Homework club**- reading and support with homework

Sessions will be charged at £5.00 per session payable via Arbor.

Pupils can sign up for a monthly block of sessions but also choose to do the other activities in Owls club if they prefer. If your child would like to sign up for any of these sessions please email owls@sjv.coventry.sch.uk for more information and an application form.

Late Collection

If you are more than 10 minutes late collecting your child at the end of the school day, they will be put into Owls Club and you will be invoiced for the session.

Free School Meals

If you think that you may qualify for free school meals, even if your child is in KS1 or does not want to receive school meals, please take the time to apply as the school will receive additional funding if you qualify.

Please apply at: **Free School Meals – Coventry City Council**

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.

RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-5640106> | <https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/> | <https://www.unicef.org/parenting/how-talk-your-children-about-conflict-and-war> | <https://www.bbc.com/news/world-middle-east-57099576>

NOS National Online Safety®
#WakeUpWednesday

Stars of the Week

Nursery *Joey, Weronika*

Reception *Lenny, Joshua*

Year 1 *The whole class for their prayer service*

Year 2 *Kayden, Macie*

Year 3 *Mihrimah, Conor, Ruby W, Devon*

Year 4 *Leo W, Arina*

Year 5 *Jazz, Finlay*

Year 6 *Bella, Joseph*



Reminder:

We are a nut free school, please do not pack any nuts in your child's lunchbox.



Reading Books

Reading books to be brought into school everyday



Reminder

The school gates are open every morning between 8.30 and 8.40 a.m. Please ensure your child arrives in school between these times.

Starting Nursery School in September 2024

We have limited places available for Nursery starting in January 24. Children must be 3 by 31st December. Please email adminstaff@sjv.coventry.sch.uk for more information and an application pack.

There will be an open evening for parents wishing to apply for their child to start nursery in September 2024 on Monday 20th November 3.45-4.15 p.m.

Starting Primary School in September 2024

Children born between 1st September 2019 and 31st August 2020 can start school in September 2024. For more information about school admissions and to apply online at www.coventry.gov.uk/admissions. Telephone 02476 831622/1613. Closing date for applications is **15th January 2024**.

Please note: If you wish to apply to a Catholic school and your child is baptised Catholic evidence of your child's baptism must be provided at the time of application to the school office or to the Admissions Team. It is your responsibility to obtain and present this evidence.

Secondary School Applications for Year 6 Pupils

Please remember the closing date for applications is **MONDAY 31ST OCTOBER 2023**. Please ensure you have completed and returned your application by this date.

Building Fund Contributions to the school building fund are now due for the Autumn Term (£10.00 per child or £15.00 per family) or for the whole school year (£30.00 per child or £45.00 per family).



Dates may be subject to change – please check your emails regularly

Monday, 16th October

Choir - KS2 - Lunch

Dance - KS2 - 3.15 to 4.00 p.m.

Tuesday, 17th October

Running Club - Year 3/4 - 8.00 to 8.30 a.m.

Recorder Club - KS2 - 3.15 to 4.00 p.m.

Football Squad - Year 5/6 - 3.15 to 4.15 p.m.

Wednesday, 18th October

Mini-Tennis - Year 3/4 - 7.45 to 8.30 a.m.

Running Club - Year 5/6 - 8.00 to 8.30 a.m.

Guitar Tuition

Dance - Year 1/2 - 3.15 p.m. to 4.00 p.m.

Girls Football Squad - Year 5/6 - 3.15 to 4.15 p.m.

Thursday, 19th October

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.

Piano Tuition

Creative Flair Dance - Year 3 & 4 - 12.00 to 12.30 p.m.

Creative Flair Dance - Year 1 & 2 - 12.30 to 1.00 p.m.

Hockey - Year 5 - 3.15 to 4.15 p.m.

Boys Football Match home v St Osburgs

Netball Match Home v Holy Family

Friday, 20th October



Future Dates

Monday 23rd October

- Reception & Year 6 Heights and Weights

Monday 23rd October

- Parents evening

Tuesday 24th October

- Boys football match away v All Souls

Tuesday 24th October

- Parents evening

Friday 27th October

- Wolf Run - **DATE CHANGE**

Thursday 26th October

- Netball match away v Our Lady

Friday 27th October

- Last day of half term

Don't forget to follow us @sjohnvianney and you can also see our twitter feed on our website.

Please follow us on our Twitter account: SJV@sjohnvianney
For Owls Club follow - @OwlsClubSJV



Facebook - SJV PTA have a

Facebook page. If you would like to have access and be added to the page, simply search 'Sjv pta' and submit your request, one of the current members will see your request and add you accordingly.





FREE TEA AND COFFEE

**DOES YOUR CHILD OR
YOUNG PERSON HAVE
SPECIAL EDUCATIONAL
NEEDS?**

Get in touch with us if you would like to join our next SENDIASS Coffee Morning. Meet other parents in a similar situation. Share with others in a friendly, non-judgemental environment, together with a member of staff from SENDIASS.

COFFEE MORNING
TUESDAY 17TH OCTOBER 2023
(10AM -12PM)

Venue: Metropolis Restaurant

Upstairs Community Room,
Earl Street, Coventry, CV1 5RU

To book your place contact:
SEND Information, Advice and Support Service (SENDIASS)
Tel: 024 7669 4307 or email: iass@coventry.gov.uk

Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

Come on this course to find out about:

- the Thrive Approach
- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective.



Where and when:

Parkgate Key Intervention,
Accessed via Berkett Road Coventry CV6 4FU
6 Fridays 10am-12pm October 13th – November 24th
2023

Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

To book your place or find out more:

The course is run by a Thrive-approved course leader who is an experienced licensed practitioner. It is suitable for you if your child attends a setting that embraces a whole setting approach to Thrive. To book your place or to find out more, please contact:

Telephone Bev Kelly on 07983545269 or 02476972775
(you can leave a message)
Free Course – Keys Parents get priority (spaces are limited)

To find out more about Thrive and other courses on offer, please visit:
www.thriveapproach.co.uk



‘Reading With Your Child & A Multi-Sensory Approach to Spelling’

Information and Discussion Session for Parents/Carers

In partnership with Coventry Social, Emotional, Mental Health and Learning Team (SEMHL)



Key areas we will explore in this session

- ‘Paired Reading’ as a helpful approach
- How to make reading fun at home
- Support with learning spellings in a fun multi-sensory way
- Opportunity to share ideas and to answer your questions

Tuesday 24th October 2023 - 10am - 12pm

Coventry Council House, Committee Room 2, Earl Street, CV1 5RR

Book now by contacting Coventry SENDIASS Team

Tel: 024 7669 4307 or email: iass@coventry.gov.uk

QUOTE: ‘SEMHL’