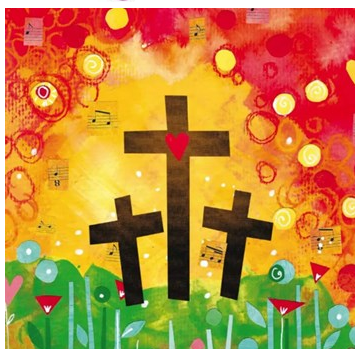




St John Vianney Catholic Primary School

NEWSLETTER

Friday 22nd March 2024



Dear Parents,

“Praise God always, no matter the time of day.” St Benedict

In this Sunday's Gospel, the people praised Jesus. There are many things for which we can praise God (e.g. a loving family, good friends, caring teachers and for always having a good friend – Jesus – who loves us and never forgets us). Praising God brings happiness; it's what we were made for.

Congratulations to Year 5 who were fabulous in our Morning of Mousike this week. We hosted this event in school and several other schools joined us. The singing was amazing and the behaviour was exemplary.

Year 1 visited St Thomas More School last week and celebrated the Morning of Mousike there again likewise our children were amazing. A big thank you to Mrs Cooke who led both of these events.

It has really been a musical week as we had a Rock Band in school demonstrating the skills of playing the drums, keyboard and guitar. I think the children were inspired to create their own rock band. They will be returning in April to lead a workshop for Key Stage 2 pupils.

Today the children retold the Easter Story through song and drama in the school Hall. It was a very moving occasion and our children were brilliant well done everyone.

We had a visitor in school this week who met the children, staff, parents and governors, looking at all the wonderful things we do. We now await their report. Well done everyone.

I wish everyone a very happy and Holy Easter.



Maundy Thursday – Evening Mass of the Lord's Supper

6.00pm OLA and 7.30pm SJV followed by Watching at the Altar of Repose in both Churches.

9.30pm Night Prayer OLA

11.30pm Night Prayer SJV

Good Friday

9.00am SJV and 9.45am OLA – Morning Prayer

2.00pm OLA and 4.00pm SJV – Good Friday Liturgy

Holy Saturday and Easter Vigil

9.00am SJV and 9.45am OLA – Morning Prayer

4.30pm OLA and 6.30pm SJV –

First Mass of Easter Sunday - Resurrection of the Lord

9.30am SJV and 11.00am OLA – Easter Sunday Mass



Artsmark



DATES TO REMEMBER

Maths Workshops

Year 3 and 4 17th April 6pm

Year 2 22nd April

Year 1 29th April

Reading Cafes

Year 3 9th April

Year 4 11th April

Year 5 16th April

Year 6 19th April

Phonic Workshops

Year 1 10th April

Year R 17th April

First Holy Communion Meetings

16th April - Meeting in church 6.00-7.15 p.m.

11th May FHC

18TH May Mass to receive certificates

Confirmation Meetings

23rd April 6-7:15 Confirmation Rite/ Service of Light

23rd May Confirmation Mass

Inspire Workshops

18th April Yr 3

25th April Yr 6

Gala Day

7th June

Nursery Places for September 2024

We still have a limited number of places for SJV Nursery starting in September 2024. Application forms and more information are available from the school office. Children born between 1st September 2020 and 31st August 2021 can start Nursery in September 2024.

Please share this information with any friends or family who may be interested.

When dropping off or collecting from Owls Club, please phone the school telephone - 02476 464088 - and press option 3.

To keep your child safe when collecting, please make sure you stand at the school gate so the staff can clearly see you.

Please do not wait in cars.

SJV Owls Club

SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £5.00 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £5.00 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £7.50 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email owls@sjv.coventry.sch.uk or phone the school office.



SJV Owls Activity Club

Owls Club are now also offering after school sessions as follows:

Maximum number in the group 30. Activities are open to all children in school from Nursery to Year 6

Monday 3:15 - 4:15 p.m. - **Lego Club** – play with Lego and use Lego interactive with the school computers

Tuesday 3:15 - 4:15 p.m. - **Computer Club** - Bee-bots, computers and tablets

Wednesday 3:15 - 4:15 p.m. – **Art Club**

Thursday 3:15 - 4:15 p.m. - **Games night** - Bingo, cards, dominoes, board games

Friday 3.15 - 4:15 p.m. - **Homework club**- reading and support with homework

Sessions will be charged at £5.00 per session payable via Arbor.



Late Collection

If you are more than 10 minutes late collecting your child at the end of the school day, they will be put into Owls Club and you will be invoiced for the session.

Free School Meals

If you think that you may qualify for free school meals, even if your child is in KS1 or does not want to receive school meals, please take the time to apply as the school will receive additional funding if you qualify.

Please apply at: **Free School Meals – Coventry City Council**

10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE



Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS



Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS



Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY



When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or "teenage angst" – or to assume that they'll simply "get over" whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS



Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES



If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE



Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS



Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here; you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES



It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION



It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College

Dates may be subject to change – please check your emails regularly



Monday, 8th April

Children return to school

Choir - KS2 - Lunch

Dance - KS2 - 3.15 to 4.00 p.m.

Tuesday, 9th April

Creative Flair Music - Reception Class - Lunch

Recorder Club - KS2 - 3.15 to 4.00 p.m.

Boys Football Squad training - Years 5 & 6 - 3.15-4.15 p.m

Year 3 Reading Café - 8.45-9.30 a.m.

Wednesday, 10th April

Mini-Tennis - Year 3/4 - 7.45 to 8.30 a.m.

Guitar Tuition

Dance - Year 1/2 - 3.15 p.m. to 4.00 p.m.

Girls Football Squad Training - Years 5 & 6 - 3.15-4.15 p.m.

Phonics workshop - Year 1 - 9.00-9.30a.m. - parents and children

Thursday, 11th April

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.

Piano Tuition

Creative Flair Dance - Year 3 & 4 - 12.00 to 12.30 p.m.

Creative Flair Dance - Year 1 & 2 - 12.30 to 1.00 p.m.

Netball Squad - Years 5 & 6 - 3.15 to 4.15 p.m.— **NO SESSION**

Year 4 Reading Café - 8.45-9.30 a.m.

Boys Football Match - home v Allesley Hall

Friday, 12th April

Future Dates

Tuesday 16th April

- Year 5 Reading Café - 8.45-9.30 a.m.

Tuesday 16th April

- Year 3 FHC Meeting in Church - 6.00p.m.- Parents Only

Wednesday 17th April

- Phonics workshop - Reception Class - 9.00-9.30 a.m.

Wednesday 17th April

- Girls Football Match - home v John Gulson

Thursday 18th April

- Year 3 Inspire Workshop

Thursday 18th April

- Boys Football Match - away v Our Lady

Friday 19th April

- Year 6 Reading Café - 8.45-9.30 a.m.

Tuesday 23rd April

- Year 6 Confirmation Rite-Service of Light (in church)

Thursday 25th April

- Year 6 Inspire Workshop

Thursday 25th April

- Boys Football Match - home v Canon Park

Monday 6th May

- Bank Holiday - Children do not attend

Thursday 9th May

- Boys Football Match - away v St Augustine's

Friday 10th May

- Year 3 Inspire Workshop

Saturday 11th May

- Year 3 First Holy Communion - 11.00a.m.

School Clubs

Club	Day	Time	Cost Per Session
Choir - Key Stage 2	Monday	Lunch	Free
Dance - Key Stage 2	Monday	3.15 - 4.15 p.m.	£2.00
Lego Club	Monday	3.15 - 4.15 p.m.	£5.00
Creative Flair Music - Reception	Tuesday	12.30 - 1.00 p.m.	£3.50
Recorder Club	Tuesday	3.15 - 4.00 p.m.	£2.00
Boys Football Squad - Years 5 & 6	Tuesday	3.15 - 4.15 p.m.	Free
Computer Club	Tuesday	3.15 - 4.15 p.m.	£5.00
Mini Tennis - Years 3 & 4	Wednesday	7.45 - 8.30 a.m.	£2.75
Girls Football Squad - Years 5 & 6	Wednesday	3.15 - 4.15 p.m.	Free
Art Club	Wednesday	3.15 - 4.15 p.m.	£5.00
Dance - Years 1 & 2	Wednesday	3.15 - 4.00 p.m.	£2.00
Mini Tennis - Years 5 & 6	Thursday	7.45 - 8.30 a.m.	£2.75
Creative Flair Dance - Years 3 & 4	Thursday	12.00 - 12.30 p.m.	£3.50
Creative Flair Dance - Years 1 & 2	Thursday	12.30 - 1.00 p.m.	£3.50
Netball Squad - Years 5 & 6	Thursday	3.15 - 4.15 p.m.	Free
Games Night	Thursday	3.15 - 4.15 p.m.	£5.00
Homework Club	Friday	3.15 - 4.15 p.m.	£5.00