

# St John Vianney Catholic Primary School

## NEWSLETTER

Friday 31st January 2025



Dear parents,

**“Always know in your heart that God is by your side.  
Let us never lose hope!”**

Last Friday we joined all the schools in the diocese with a Jubilee Year of Hope assembly. I was so proud of how our children sang. We will be singing the songs of Hope in many of our Masses and assemblies this year.

It has been an extremely busy week. We have had visitors from several schools within the MAC to see the excellent teaching and learning of writing. They were wowed by the standard of behaviour and the amazing writing across the school. I am so proud of the children and staff at our school who are constantly striving to give our best and be the best we can be. Here is a photograph of the outstanding writing in our school from Nursery to Year 6.



Nursery children have been busy developing gross and fine motor skills through Write Dance. They have also had lots of fun learning about the Chinese New Year and trying Noodles! Looks like they were better at using the chopsticks than I am. They learnt that this year is the year of the snake.



Year 4 were fortunate to have a history visitor who brought artefacts from the Viking era. The children had an opportunity to be historians holding the artefacts and logging them by identifying many of their attributes.

Our Year 5/6 girls football team have been amazing and shown great sportsmanship. They have played so well and won majority of their games. Well done girls!



Congratulations to our pianists who played for the whole school and their parents this week. They were amazing and so much talent in one room. Well Done I admire your hard work and dedication.

Congratulations to Year 4 who are leading their class Mass on the theme of Candlemas today.

In the next two weeks Year 2 and Year 6 will be learning about Islam. Year 6 will have the opportunity to visit the Islamic Centre in Birmingham. They will also share their learning with the rest of the school through an assembly. We look forward to finding out all about their new learning.

We look forward to raising money to support our trips through our Chocolate Bingo Night. Thank you to everyone who provided chocolate for the prizes and we look forward to having lots of fun next Thursday. It promises to be a fun night!

## Attendance

Yr R - 98.1%  
Yr 1 - 98.9%  
Yr 2 - 96.1%  
Yr 3 - 97.1%  
Yr 4 - 98.5%  
Yr 5 - 97.2%  
Yr 6 - 96.2%

## Sports Star

Keelan - Year 6



## ★ Star of the week

- ★ Nursery - Eva, Oran
- ★ Yr R - Reign, Robyn H
- ★ Yr 1– Zoe, Lenny
- ★ Yr 2 - Lucja, Corneliusz
- ★ Yr 3 - 4 stars next week
- ★ Yr 4 - Roisin, Ruby W
- ★ Yr 5 - Charlotte, Max
- ★ Yr 6 - Jingwen, Lily, Zach



**HOLY CROSS MAC**



**HCCMAC FEBRUARY COMPETITION**

**31 JANUARY - 14 FEBRUARY 2025**

\* ANSWER AS MANY QUESTIONS AS POSSIBLE \*  
PLAY IN ANY GAME TYPE \* THE WINNING CLASS WILL HAVE  
THE HIGHEST NUMBER OF CORRECT ANSWERS PER PUPIL \*  
ASK YOUR TEACHER FOR FULL DETAILS AND RULES \*



# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



### 5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



### 7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



### 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



## Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College®

# St John Vianney PTA



Sign up to our Facebook page to hear about upcoming events and Purple Shop sales



Sign up to our mailing list to help us achieve more for the SJV community



Description	Size	Quantity
Nursery jumper	24	6
Nursery PE shirt	24	2
Cardigan	22	3
	24	2
	26	11
	28	7
	32	2
	34	3
	36	1
Jumper	22	1
	24	9
	26	18
	28	5
	30	8
	32	8
PE shirt	24	2
	26	13
	28	6
	30	3
	32	2
	34	1
Hoodie	24	1
	26	1
	28	3
Reversible jacket-fleece	24	2
	26	5
	28	2
	30	1
Fleece	26	1
	30	1

## Purple Shop

If you're interested in items from the Purple Shop, please contact Siew Wan via FB or the SJV email address.



Layering up your Purple Uniform this winter!

Limited availability!  
Find us on SJV PTA Facebook for items and sizes.

## Chocolate Bingo....is coming

We are hoping to raise plenty of funds during Chocolate Bingo to subsidise the cost of transport for school trips this year. These are wonderful experiences for our children – they make memories that last a lifetime.

We are also looking for volunteers to help us run the tuck shop at Chocolate Bingo on Thursday 6<sup>th</sup> February. We are looking for anybody who can help from 4pm until the end of the event (or any portion of that time). If you can help, please let us know on Facebook or via email. It would be lovely to see some new faces.

Look forward to seeing you all there!



**When dropping off or collecting from Owls Club, please phone the school telephone - 02476 464088 - and press option 3.**

**To keep your child safe when collecting, please make sure you stand at the school gate so the staff can clearly see you.**

**Please do not wait in cars.**

### **SJV Owls Club**

SJV Owls Club which provides before and after school care for the children of St John Vianney School. The charges for Owls Club are as follows:

Morning session - 7.30 to 8.30 a.m. - £5.50 (includes a light breakfast)

Afternoon session - 3.15 to 4.15 p.m. - £5.50 (includes a snack)

Late afternoon session - 3.15 to 5.30 p.m. - £8.00 (includes a snack)

If you are interested in your child attending Owls Club and would like more information please email [sjv\\_owls@hccmac.co.uk](mailto:sjv_owls@hccmac.co.uk) or phone the school office.



Please note, Owls Club is currently full every afternoon except Fridays. We do have spaces every morning for Breakfast Club.



### **Late Collection**

If you are more than 10 minutes late collecting your child at the end of the school day, they will be put into Owls Club and you will be invoiced for the session.

### **Free School Meals**

If you think that you may qualify for free school meals, even if your child is in KS1 or does not want to receive school meals, please take the time to apply as the school will receive additional funding if you qualify.

Please apply at: **Free School Meals – Coventry City Council**

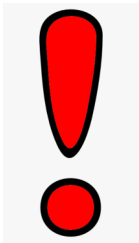
## Owls Club Payments

If your child attends Owls Club, all payments must be made no later than the date printed on the invoices.

Owls Club is extremely popular, with most days at full capacity, and priority will be given to prompt payers.

If payment is not received by the due date, we reserve the right to withdraw your child's place from Owls Club.

## Medicines in School



We can only give medicines to children where it has been prescribed by a doctor to be taken four times a day.

A medicine form must be completed before we can administer medicine.



### Reminder:

We are a nut free school, please do not pack any nuts in your child's lunchbox.

## Reading Books



**Reading books to be brought into school everyday**



School gates are open between 8.30 and 8.40 every morning.

Please ensure your child arrives in school before the gates are locked.

We have an increasing number of children arriving late each morning.

**Building Fund** Contributions to the school building fund are now due for the Spring Term (£10.00 per child or £15.00 per family) or for the whole school year (£30.00 per child or £45.00 per family).



Dates may be subject to change – please check your emails regularly

### **Monday, 3rd February**

Dance - KS2 - 3.14-4.00p.m.  
Guitar Tuition - catch up  
Netball Squad - Years 5 & 6 - 3.15-4.15 p.m. - **NO SESSION**  
Girls Football Match - home vs Holy Family

### **Tuesday, 4th February**

Recorder Club - KS2 - 3.15-4.00 p.m.  
Boys Football Squad training - Years 5 & 6 - 3.15-4.15 p.m - **NO SESSION**  
Boxing Club - Yr 1 & 2 - 3.15 - 4.15 p.m.  
Boys Football Match - away vs All Souls

### **Wednesday, 5th February**

Mini-Tennis - Year 3/4 - 7.45-8.30 a.m.  
Running Club - Key Stage 2 - 8.00 - 8.30 a.m.  
Guitar Tuition  
Dance - Year 1 & 2 - 3.15-4.00 p.m.  
Girls Football Squad training - Years 5 & 6 - 3.15-4.15 p.m.

### **Thursday, 6th February**

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.  
Piano Tuition  
Creative Flair Dance - Year 3 & 4 - 12.00-12.30 p.m.  
Creative Flair Dance - Year 1 & 2 - 12.30-1.00 p.m.  
Boxing Club - Key Stage 2 - 3.15 - 4.15 p.m.  
Chocolate Bingo - 5.00 p.m.  
Promotional school meal

### **Friday, 7th February**

Year 2 Class Mass - 2.00 p.m.

### **Saturday 8th February**

Year 5 & 6 Mass - 6.00 p.m.



### **Future Dates**

Tuesday 11th February	- Netball Match - home vs St Thomas More
Tuesday 11th February	- Year 6 Trip to Islamic Exhibition Centre
Wednesday 12th February	- Girls Football Match - away vs Allesley Primary
Thursday 13th February	- Boys Football Match - home vs St Mary and St Benedict
Thursday 13th February	- Year 3 Class Mass - 2.00 p.m.
Friday 14th February	- Year 5 Class Assembly 9.00 a.m.
Friday 14th February	- Year 6 Class Mass 2.00 p.m.
Friday 14th February	- Half term begins
Monday 24th February	- Children return to school
Tuesday 25th February	- Year 2 Reading Café
Tuesday 25th February	- Boys Football Match - away vs Christ the King

Don't forget to follow us @sjohnvianney and you can also see our twitter feed on our website.



Please follow us on our Twitter account: SJV@sjohnvianney

For Owls Club follow - @OwlsClubSJV

**Facebook** - SJV PTA have a Facebook page. If you would like to have access and be added to the page, simply search 'Sjv pta' and submit your request, one of the current members will see your request and add you accordingly.



# School Clubs

Club	Day	Time
Netball Squad - Years 5 & 6	Monday	3.15 - 4.15 p.m.
Dance - Key Stage 2	Monday	3.15 - 4.00 p.m.
Fun Music Club— Reception	Tuesday	Lunchtime
Recorder Club	Tuesday	3.15 - 4.00 p.m.
Boys Football Squad - Years 5 & 6	Tuesday	3.15 - 4.15 p.m.
Boxing Club— Years 1 & 2	Tuesday	3.15 - 4.15 pm.
Mini Tennis - Years 3 & 4	Wednesday	7.45 - 8.30 a.m.
Running Club Key Stage 2	Wednesday	8.00 - 8.30 a.m.
Girls Football Squad - Years 5 & 6	Wednesday	3.15 - 4.15 p.m.
Art Club	Wednesday	3.15 - 4.15 p.m.
Dance - Years 1 & 2	Wednesday	3.15 - 4.00 p.m.
Mini Tennis - Years 5 & 6	Thursday	7.45 - 8.30 a.m.
Creative Flair Dance - Years 3 & 4	Thursday	12.00 - 12.30 p.m.
Creative Flair Dance - Years 1 & 2	Thursday	12.30 - 1.00 p.m.
Boxing Club—KS2	Thursday	3.15 - 4.15 p.m.
Games Night	Thursday	3.15 - 4.15 p.m.