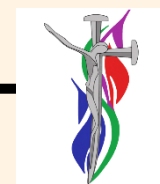




ST JOHN VIANNEY CATHOLIC PRIMARY



WEEKLY SCHOOL NEWSLETTER – Friday 10th October 2025

Dear parents,
“In all things recognise the care and wisdom of God and give God thanks.” St Teresa of Avila
In this Sunday’s Gospel, we read about the Samaritan who thanked Jesus. For us too, there are many blessings in life for which we can be thankful and it’s always worth giving thanks to God. Being thankful to God puts us in the right frame of mind. It is good for our well-being and helps us to be happy in life.

“Be thankful for the smallest blessings, and you will deserve to receive greater blessings.”

Thomas à Kempis

WEDNESDAY WORD

Please see the link for this week's *Wednesday Word* below.

[Thankfulness - Magazine - Page 2](#)

Well done to the Stars of the week

Nursery	Ariyah & Florence K
Reception	Collis & Theo
Year 1	Bobby H & Harrison
Year 2	Max M & Hope
Year 3	Jess & Eva
Year 4	Olivia-Rose & Gioele
Year 5	Sienna & Connor
Year 6	Joshua & Arina
Sports	Zachary Reception & Wendy Yr 5



KEY DATES

16th Oct - Yr3 Class Mass 2pm

17th Oct - Yr1 assembly 9:00am

17th Oct - Yr2 Class Mass 2pm

24th Oct - Wolf Run raising money for playground equipment

6th Nov 9.30am – Open morning for parents who are interested in applying for nursery and reception classes September 2026

Thursday 4th December 2025 6:30 p.m.
Father Alex’s Induction. Everyone is invited to celebrate this special occasion, and our choir will be required..



SJV CATHOLIC YOUTH GROUP October 2025



Our Youth Group meets in the Parish Hall every other Monday evening
6.00pm-7.30pm during term-time
First date of the new school year is Monday 22nd September 2025.

Suitable for Year 6 and upwards.
We offer a friendly and safe environment for young people to gather and have fun. Some of our activities include games, team building, night prayer, fundraising, bowling, theatre trips and themed parties. Come along and meet new friends.





Thank you to everyone *that attended the Mass of commitment* last Saturday. Year 3 read so well, and the singing was amazing. Congratulations to our choir for supporting the Mass. Fr Alex was so impressed with you all

Don't forget to sign up for Parents evening

This week we have SEND reviews.

Don't forget we have our PTA meeting on Tuesday night at 7pm – we need your support and help



Wolf Run 24th October raising money for outdoor play equipment

SJV PTA – Support Required

On Monday 30th October the PTA AGM was unable to appoint a new committee due to lack of attendees.

The PTA committee consists of four roles which must be fulfilled as a minimum requirement. These roles consist of Chair, Vice Chair, Treasurer and Secretary, with additional members also ideally required to better manage the activities we support.

We continue to be grateful for all the great volunteers we get to help deliver key events. However, we also need parents to join the PTA committee to help steer the role we play.

It is vital that we get more volunteers to join the PTA to ensure it can continue to support the school and play a critical role in creating special experiences for our children.

A second AGM is now planned for Tuesday 14th October at 7pm.

This will be done virtually on Google meets- <https://meet.google.com/fhp-xikc-jsn>

How the PTA supports our school



Events and Activities:

We organize and deliver key events for our children to enjoy, such as Wolf Run, Chocolate Bingo and the Christmas Disco.



Fundraising:

All money raised is used to support the school - 'the golden mile', new reading areas & IT equipment have been made possible with PTA fundraising



Gala Day:

A great day for the school and our parish community, which is organised and delivered by the PTA - without whom it cannot happen.

What's required of you?

- Have your say in the events we run each year and help us make them more fun, exciting and memorable
- Get involved in organising and helping out at our events.
- Work alongside the school to make sure the funds we raise are used where they're needed most.

We know life is busy – but being part of the PTA does not mean giving up lots of your time.

Meetings are limited and done virtually, outside of typical work hours
You're not required to be at every event, with more members reducing the impacts on individuals

If you'd like any further information please reach out to us via sjvcoventrypta@gmail.com

**Coventry Educational Psychology Team
will be running a FREE session for
parents on**

Emotion Coaching

Emotion Coaching is an approach that parents can use with children and young people to support their emotional development.

Research suggests that Emotion Coached children and young people:

- Are more emotionally stable
- Are more resilient
- Achieve more academically in school
- Have fewer behavioural problems

This session will introduce the steps of Emotion Coaching and its scientific basis and will involve practical activities and resource-sharing so that parents can begin to use this evidence-based approach straight after the session.

Venue: St John Vianney Catholic Primary School

Tuesday 14th October 2025 3:30pm – 4:45pm

To confirm your attendance contact school on sjv_admin@hccmac.co.uk
or 02476 464088



SAFEGUARDING AT SJV

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and a sense of control over their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassuring responses by when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Explain briefly that trauma can show up in physical ways, such as changes in sleep patterns, increased stress, or an overactive imagination. Consider the impact of identifying behaviour as 'difficult' or 'bad'. Some children may become withdrawn, while others may be more externally challenging. Recognise that there is no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Retelling a traumatic event to children and when to permit retelling can help to build understanding, but it's essential to acknowledge that it's not always necessary. Acknowledge that it's not possible for adults to control all emergency procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Reassuringly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion cards, drawing, or storytelling can help to translate feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions. When someone is calm, happy, and resilient in challenging situations, helps children feel more secure. Modelling your own self-regulation is an important way to model healthy stress management and encourage children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialist help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Build on children's own strengths and encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connections with trusted adults and peers build resilience and a sense of belonging.

10 BE PATIENT - HEALING TAKES TIME

There is no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Coleman. Anna is passionate about giving prevention in the home of every child by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the sub-group for the Department for Education, advising them on their mental health green paper.





WEEKLY DIARY

Date's may be subject to change – please check your emails regularly

Monday 13th October

Netball - 3.15pm-4.15pm

Dance – KS2 – 3.15pm-4.00pm

Choir – KS2 – Lunchtime

Boys' "B" Team Football Match away at St Johns Academy 3.30pm

Tuesday 14th October

Recorder Club KS2 – 3.15-4.00 p.m.

Boys football - 3.15-4.15 pm

Multi-Skills – 3.15pm-4.15pm

Mastering numbers workshop Yr 2 8.50am

Mental Health Session 2 Yr 5 2.00pm

Netball match away at Christ The King School - 3.30pm

Wednesday 15th October

Mini Tennis Years 3 and 4 – 7.45-8.30 a.m.

Running Club Key Stage 2 – 8.00 – 8.30 a.m.

Guitar Tuition

MAC Cross Country and Cardinal Wiseman – 11.40 – 1.10

Dance Year 1 and 2 – 3.15-4.00 p.m.

Girls football match at St John's Academy - 3.30pm – **NO TRAINING SESSION**

Thursday 16th October

Mini-Tennis - Year 5 & 6 - 7.45 to 8.30 a.m.

Piano Tuition

Creative Flair Dance Year 1 - 4 - Lunchtime

Cricket – KS1 and KS2 – 3.15pm-4.00pm

Library visit Yr 4 - 1.30pm

Class Mass - Belonging Yr 3 - 2.00pm

Friday 17th October









Yr 1 Class Assembly – Harvest 9am

Yr 5 to attend Mass 9.00am

Yr 2 Class Mass



ATTENDANCE SJV

EYFS and KS1		KS2	
Class Name	Weekly Attendance	Class Name	Weekly Attendance
Nursery	97.86% 	Year 3	99.58% 
Reception	96.67% 	Year 4	98.99% 
Year 1	99.11% 	Year 5	98.89% 
Year 2	98.52% 	Year 6	97.92% 

Children arriving late to school:

Please be advised that if your child is late to school, children must be signed in by a parent/carer.

Starting Nursery in September 2026

Application forms and information are available from the school office for parents wishing to apply for their child to start in our Nursery in September 2026. Children born between 1st September 2022 and 31st August 2023 can start Nursery in September 2026.

Starting Primary School in September 2026

Children born between 1st September 2021 and 31st August 2022 can start school in September 2026. For more information about school admissions and to apply online at www.coventry.gov.uk/admissions. Telephone 02476 831622/1613.

Closing date for applications is 15th January 2026. Please note: If you wish to apply to a Catholic school, and your child is baptised Catholic, evidence of your child's baptism must be provided at the time of application to the school office. It is your responsibility to obtain and present this evidence.



CHANCE TO SHINE
STREET

IT'S
FREE!

Warwickshire
Cricket Foundation



- TAPE BALL CRICKET
- FREE CRICKET COACHING
- NO EQUIPMENT NEEDED
- WEAR WHAT YOU WANT
- ALL GENDERS WELCOME



AGE 8-15 | EVERY THURSDAY | 4-5PM
**XCEL LEISURE CENTRE, MITCHELL AVE,
COVENTRY, CV4 8DY**

TO FIND OUT MORE, CONTACT EVIE HARRISON |
EVIEHARRISON@EDGBASTON.COM



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